Can a minor choose who to stay with after the age of 7?
Question: At the age of seven, the child should be handed into the care of the father. Does the
child have any say in this matter?
Answer: The child has no say in the matter (simply because he/she can be easily manipulated
and is not capable of making such a decision). When the child is able to look after himself (see above) he will be handed over to the father. In the situation where a Mufti or a Judge (Islamic)
for the child's sake sees it better for the child to be with the mother, then a different ruling may be considered.
Fatāwā Dārul Ulūm Zakariyyā, Vol. 4, Pg. 353-354